

Totaal 10 KM week 3

| Volg tot wk 3 | Rugnr 3 | Vn | Achternaam | Woonplaats | Cat | 10 km 3 |
|---------------|---------|----------|--------------|------------------|-----|---------|
| 1 | 144 | Tijs | Groen | la Herradura | 1 | 31,25 |
| 2 | 279 | Frank | Reintjes | oud Zevenaar | 2 | 33,31 |
| 3 | 145 | Jamal | Halal | Doetinchem/Syrië | 1 | 33,33 |
| 4 | 152 | Tom | Beusekom van | Duiven | 1 | 34,02 |
| 5 | 146 | Robin | Rietman | Ulft | 1 | 34,56 |
| 6 | 164 | Cornelis | Scheltinga | Arnhem | 1 | 35,21 |
| 7 | 170 | Sjoerd | Hermesen | Arnhem | 1 | 36,04 |
| 8 | 303 | Chris | Henet | Bemmel | 3 | 36,09 |
| 9 | 278 | Arjen | ter Heide | Doetinchem | 2 | 36,20 |
| 10 | 147 | Peter | Rietveld | Bemmel | 1 | 36,41 |
| 11 | 162 | Rob | Ribbink | Westervoort | 1 | 37,18 |
| 12 | 280 | Marco | Rutgers | Doetinchem | 2 | 37,23 |
| 13 | 281 | Michel | Elshof | Kilder | 2 | 37,32 |
| 14 | 297 | Jurgen | Thuijssen | Loil | 2 | 37,42 |
| 15 | 151 | Mark | Italiaander | Arnhem | 1 | 37,43 |
| 16 | 156 | Antoine | Meulebeek | Pannerden | 1 | 37,47 |
| 17 | 161 | Robert | Nijland | Pannerden | 1 | 37,50 |
| 18 | 285 | Bernard | Hilferink | Zelhem | 2 | 37,54 |
| 19 | 153 | Wouter | Ribbink | Dieren | 1 | 38,25 |
| 20 | 416 | Renee | Tijdink | Arnhem | 4 | 38,47 |
| 21 | 167 | Peter | van de Geest | Driel | 1 | 38,51 |
| 22 | 160 | Ruben | sloot | Lobith | 1 | 38,52 |
| 23 | 311 | Ton | Wareman | Heelsum | 3 | 38,55 |
| 24 | 328 | John | Peters | Wehl | 3 | 38,56 |
| 25 | 204 | Herman | Luijmes | Loil | 2 | 38,59 |
| 26 | 290 | Erwin | Heister | Terborg | 2 | 39,00 |
| 27 | 289 | Erwin | Kroeze | Huissen | 2 | 39,12 |
| 28 | 395 | Gerald | Lee van der | Zeddam | 3 | 39,53 |
| 29 | 174 | Erik | Bod | Didam | 1 | 40,07 |
| 30 | 274 | Hans | Nas | Zeddam | 2 | 40,09 |
| 31 | 320 | Gerrie | Heijneman | Zevenaar | 3 | 40,20 |
| 32 | 176 | Maarten | Hoksbergen | Didam | 1 | 40,27 |
| 33 | 282 | Sander | Giezen | Doetinchem | 2 | 40,48 |
| 34 | 276 | Maarten | Weber | Doetinchem | 2 | 40,53 |
| 35 | 287 | Herrald | Aaldering | Doetinchem | 2 | 41,14 |

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|---------------|---------|-----------|-------------|--------------|-----|---------|
| 36 | 158 | Niels | Jansen | Zevenaar | 1 | 41,17 |
| 37 | 212 | Martijn | Visser | Zevenaar | 2 | 41,18 |
| 38 | 154 | Wesley | Bruns | Pannerden | 1 | 41,38 |
| 39 | 335 | Carel | Lueb | Wehl | 3 | 41,41 |
| 40 | 323 | Jan | Brussen | Oud Zevenaar | 3 | 41,42 |
| 41 | 163 | Piere | Schreven | zevenaar | 1 | 41,49 |
| 42 | 283 | Cuno | Grob | Pannerden | 2 | 41,57 |
| 43 | 292 | John | Jansen | Zevenaar | 2 | 42,03 |
| 44 | 298 | Michael | Giezen | Loil | 2 | 42,11 |
| 46 | 410 | Grada | Boschker | Zelhem | 4 | 42,16 |
| 45 | 412 | Sharon | Zuidervliet | Arnhem | 4 | 42,16 |
| 47 | 396 | Paul | Huls | Doetinchem | 3 | 42,28 |
| 48 | 305 | Erdwin | Lap | Duiven | 3 | 42,38 |
| 49 | 284 | Frank | Jansen | Emmerich | 2 | 43,00 |
| 50 | 329 | Peter | Hooyman | Loo | 3 | 43,06 |
| 51 | 277 | Ruud | Wennekes | Elten | 2 | 43,14 |
| 52 | 536 | Liesbeth | Wennekes | Elten | 5 | 43,14 |
| 53 | 327 | Geert | Bruns | Loo | 3 | 43,25 |
| 54 | 309 | Jan | Knecht | Renkum | 3 | 43,41 |
| 56 | 397 | Andries | Centen | Doetinchem | 3 | 43,42 |
| 55 | 537 | Els | Moorman | Doetinchem | 5 | 43,42 |
| 57 | 414 | Marleen | Scholten | Utrecht | 4 | 43,55 |
| 58 | 178 | Arjan | Eeuwes | Pannerden | 1 | 44,40 |
| 59 | 308 | Hans | van Eijck | Hüthem | 3 | 44,44 |
| 60 | 205 | André | van Zwarm | Zevenaar | 2 | 44,48 |
| 61 | 149 | Johan | Reus de | Didam | 1 | 44,50 |
| 62 | 301 | Ernst-jan | de heer | Gaanderen | 3 | 44,53 |
| 63 | 316 | Richard | Driel van | Doorneburg | 3 | 44,57 |
| 64 | 296 | Peter | Schipper | loo | 2 | 44,70 |
| 65 | 171 | Marcel | Moelands | Zevenaar | 1 | 45,04 |
| 66 | 173 | Timmethy | de Vries | Westervoort | 1 | 45,09 |
| 67 | 155 | Jorre | Vink | Doetinchem | 1 | 45,11 |
| 68 | 148 | Tom | Derksen | Duiven | 1 | 45,13 |
| 69 | 166 | René | Jansen | Loil | 1 | 45,22 |
| 70 | 415 | Nicole | Wijnschenk | Emmerich | 4 | 45,41 |
| 71 | 275 | Stephan | Buitenhuis | Silvolde | 2 | 45,44 |
| 72 | 209 | André | Heinst | Spijk | 2 | 45,56 |

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|---------------|---------|------------|-------------|-------------|-----|---------|
| 73 | 214 | Mark | Schuurman | Didam | 2 | 46,03 |
| 74 | 150 | Igor | Brandts | Didam | 1 | 46,09 |
| 75 | 338 | Fons | Nieuwenhuis | Wehl | 3 | 46,17 |
| 76 | 326 | Peter | Garsrenveld | Arnhem | 3 | 46,38 |
| 77 | 177 | Bart | Lubbers | Arnhem | 1 | 46,53 |
| 78 | 413 | Maartje | Blij | Zevenaar | 4 | 47,00 |
| 79 | 159 | Erik | Sanders | Emmerich | 1 | 47,08 |
| 80 | 203 | Maurits | Boltink | Duiven | 2 | 47,14 |
| 81 | 321 | Wim | Campschroer | Gendt | 3 | 47,16 |
| 82 | 207 | Sjaak | Geurts | Groessen | 2 | 47,23 |
| 83 | 330 | Toon | Hooyman | Loo | 3 | 47,26 |
| 84 | 325 | Hans | Sielias | Dinxperloo | 3 | 47,33 |
| 85 | 165 | Hendrik ja | Wildenbeest | Loil | 1 | 47,37 |
| 86 | 208 | Richard | Stoelingen | Velp | 2 | 47,45 |
| 87 | 299 | Roeland | te Hennepe | Silvolde | 2 | 47,49 |
| 88 | 543 | Nancy | Achterkamp | Westervoort | 5 | 47,54 |
| 89 | 394 | Theo | Heebing | Groessen | 3 | 47,54 |
| 90 | 307 | John | Keizer | Doetinchem | 3 | 48,11 |
| 91 | 306 | Geert | Barten | Angeren | 3 | 48,21 |
| 92 | 340 | Adriaan | Fokken | Lathem | 3 | 48,38 |
| 93 | 317 | Jan | Engelen | Gendt | 3 | 48,44 |
| 94 | 294 | Tom | Kluitman | Didam | 2 | 48,45 |
| 95 | 345 | Jan | van Huet | Duiven | 3 | 48,46 |
| 96 | 175 | Jaco | Gerritsen | Didam | 1 | 48,47 |
| 97 | 541 | Petra | Roelofs | Zevenaar | 5 | 48,59 |
| 98 | 179 | Roel | Roebers | Tolkamer | 1 | 49,07 |
| 99 | 310 | Harrie | Jansen | Wehl | 3 | 49,22 |
| 100 | 286 | Bert | Groenen | Pannerden | 2 | 49,25 |
| 101 | 168 | Jelle | Braam | Elst | 1 | 49,37 |
| 102 | 337 | Edgar | Kaal | Stockem | 3 | 49,41 |
| 103 | 157 | Pascal | Welling | Zevenaar | 1 | 49,48 |
| 104 | 315 | Anton | Selman | Gendt | 3 | 49,51 |
| 105 | 202 | Gert-jan | Jonker | Groessen | 2 | 50,06 |
| 106 | 291 | Rik | Kuushot | Terborg | 2 | 50,08 |
| 107 | 200 | Frank | Witjes | Groessen | 2 | 50,16 |
| 108 | 300 | Piet | de Jager | Doesburg | 3 | 50,20 |
| 109 | 324 | Rob | Hageman | Huissen | 3 | 50,25 |

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|---------------|---------|----------|---------------|---------------|-----|---------|
| 110 | 169 | Sieze | Braam | Huissen | 1 | 50,41 |
| 111 | 544 | Liesbeth | Gerritsen | Zevenaar | 5 | 50,46 |
| 112 | 319 | Nol | Janssen | Gendt | 3 | 50,56 |
| 113 | 318 | Wim | Berendsen | Loil | 3 | 50,59 |
| 114 | 302 | Ronald | Moska | Arnhem | 3 | 51,17 |
| 115 | 332 | Wim | Grob | Pannerden | 3 | 51,21 |
| 116 | 336 | Cees | Haverhals | Duiven | 3 | 51,37 |
| 117 | 312 | Eric | Laddrak | Zevenaar | 3 | 51,39 |
| 118 | 215 | Chiel | Aalst van | Duiven | 2 | 51,53 |
| 119 | 343 | Wil | Florissen | Didam | 3 | 52,03 |
| 120 | 539 | Eugenie | Hageman | Zevenaar | 5 | 52,17 |
| 121 | 546 | Martine | Leenders | Loo | 5 | 52,47 |
| 122 | 417 | Esther | Kroon van de | Westervoort | 4 | 53,07 |
| 123 | 411 | Anne | Hieltjes | Didam | 4 | 53,17 |
| 124 | 334 | Harry | Freuling | Arnhem | 3 | 53,27 |
| 125 | 333 | Peter | Tuynte te | Arnhem | 3 | 53,27 |
| 126 | 538 | Brenda | Huberts | Huissen | 5 | 53,37 |
| 128 | 314 | Geert | Leenders | Arnhem | 3 | 53,37 |
| 127 | 313 | Jan | Leenders | Pannerden | 3 | 53,37 |
| 129 | 418 | Anne | Zwarteveen | Zevenaar | 4 | 53,39 |
| 130 | 201 | Martin | Geesinck | Arnhem | 2 | 53,46 |
| 131 | 288 | Erik | Zande van der | Doetinchem | 2 | 53,47 |
| 132 | 339 | Theo | Weiss | Duiven | 3 | 54,01 |
| 133 | 535 | Irma | Selman | Wageningen | 5 | 54,05 |
| 134 | 551 | Helma | Eijkelkamp | Zevenaar | 5 | 54,17 |
| 135 | 540 | Carla | Ter Velde | Zevenaar | 5 | 54,47 |
| 137 | 172 | Tristan | Vries de | Westervoort | 1 | 54,59 |
| 136 | 213 | Tjeerd | Vries de | Westervoort | 2 | 54,59 |
| 138 | 542 | José | Groenen | Pannerden | 5 | 55,02 |
| 139 | 398 | Jan | Bosch | Duiven | 3 | 55,45 |
| 141 | 211 | Paul | Berentsen | Didam | 2 | 55,48 |
| 140 | 210 | Harald | Nieswand | Doetinchem | 2 | 55,48 |
| 142 | 545 | Heleen | Geerling | Nijkerkerveen | 5 | 55,49 |
| 143 | 295 | Gewald | Maassen | Lobith | 2 | 57,06 |
| 144 | 331 | Joep | Schennink | Zevenaar | 3 | 58,17 |
| 145 | 548 | Sabine | Dijkman | Arnhem | 5 | 58,58 |
| 146 | 399 | Hans | Kroon | Doesburg | 3 | 61,09 |

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|---------------|---------|---------|--------------|-------------|-----|---------|
| 147 | 549 | Ina | Kort | Duiven | 5 | 61,27 |
| 148 | 341 | Harry | Gortzen | Duiven | 3 | 61,43 |
| 149 | 552 | Monique | Kieviet de | Duiven | 5 | 63,43 |
| 151 | 550 | Rachel | van Beusekom | Lathem | 5 | 65,39 |
| 150 | 547 | José | Spies | Duiven | 5 | 65,39 |
| 152 | 206 | Ernst | Paar | Duiven | 2 | 66,45 |
| 154 | 344 | Deo | Peelen | Loo | 3 | 71,43 |
| 153 | 342 | Wim | Thus | Loo | 3 | 71,43 |
| 155 | 322 | Willem | Hagenkamp | Westervoort | 3 | 74,02 |