

# 5 kM Heren 16 t/m 39

Positie	Naam	Woonplaats	Loop 1	Loop 2	Loop 3	Loop 4	Eindtijd
1	DENNIS VAN DELFT	ARNHEM	00:16:46:790	00:16:48:437	00:17:23:958	--:--:--:--	00:50:59:185
2	DENNIS LANKVELD	SILVOLDE	00:18:45:662	00:18:58:053	00:19:01:610	00:18:24:949	00:56:08:664
3	WILLEM JAN VAN WEELDEN	OOSTERBEEK	00:19:21:806	--:--:--:--	00:20:16:687	00:19:17:461	00:58:55:954
4	THOMAS KUSNETSOV	LEIDEN	00:19:10:662	--:--:--:--	00:21:27:174	00:18:40:709	00:59:18:545
5	LARS POLMAN	BEEK	00:21:49:685	00:21:46:701	00:21:11:698	--:--:--:--	01:04:48:084
6	INDY ROELOFS	PANNERDEN	00:22:03:070	00:22:43:957	00:22:31:935	--:--:--:--	01:07:18:962
7	PIERRE SCHREVEN	PANNERDEN	00:24:21:182	--:--:--:--	00:23:43:595	00:23:28:429	01:11:33:206
8	HIDDE ESSERS	OUD-ZEVENAAR	00:25:22:349	00:24:41:132	--:--:--:--	00:25:46:117	01:15:49:598
9	RICK VAN HAFTEN	ZEVENAAR	00:28:11:189	00:27:36:307	00:28:20:425	00:26:57:636	01:22:45:132