

5 km

Positie	Naam	Geslacht	Woonplaats	Loop 1	Loop 2	Loop 3	Loop 4	Eindtijd
1	LUUK MOLENAAR	Man	GENDT	00:17:52:523	00:17:55:775	00:18:46:160	00:17:29:157	00:53:17:455
2	HEIN TATES	Man	HAALDEREN	00:17:58:133	00:18:01:967	00:18:53:336	00:17:27:126	00:53:27:226
3	JUSTIN VAN DER STEEN	Man	DUIVEN	00:18:21:880	00:17:58:640	00:19:06:080	00:17:57:836	00:54:18:356
4	DENNIS LANKVELD	Man	SILVOLDE	00:18:17:591	00:18:28:944	--:--:--:--	00:17:54:005	00:54:40:540
5	SJOERD HERMSEN	Man	OOSTERBEEK	00:18:35:925	00:18:58:911	00:19:31:480	--:--:--:--	00:57:06:316
6	VINCE TEUNISSEN	Man	GENDT	00:19:51:785	00:19:08:599	00:19:44:616	00:18:48:165	00:57:41:380
7	NIELS ROSEBOOM	Man	DUIVEN	--:--:--:--	00:19:14:855	00:20:02:480	00:18:59:229	00:58:16:564
8	PATRICK HAAFS	Man	RHEDEN	00:19:31:559	00:19:39:615	00:19:51:336	00:19:11:116	00:58:22:290
9	WILLEM BOLCK	Man	WESTERVOORT	00:19:58:873	00:19:51:551	00:20:50:840	00:19:36:669	00:59:27:093
10	ADRIAAN TATES	Man	HAALDEREN	00:20:04:022	00:19:57:784	00:20:33:912	00:19:30:829	00:59:32:635
11	BJORN GROENEN	Man	PANNERDEN	00:20:02:607	--:--:--:--	00:20:43:488	00:19:33:324	01:00:19:419
12	FREEK SPANBROEK	Man	TOLKAMER	00:20:45:124	00:20:02:500	--:--:--:--	00:19:50:036	01:00:37:660
13	CHRIS JANSEN	Man	HERWEN	00:21:40:873	00:20:53:432	00:21:02:120	00:19:58:461	01:01:54:013
14	JASPER GOEDHART	Man	WESTERVOORT	--:--:--:--	00:21:04:135	00:20:40:928	00:20:10:884	01:01:55:947
15	LIZ VAN DER STEEN	Vrouw	DUIVEN	00:20:36:296	--:--:--:--	00:21:27:912	00:20:05:253	01:02:09:461
16	ROEL HENDRIKSEN	Man	DOETINCHEM	00:20:41:788	--:--:--:--	00:21:22:207	00:20:08:229	01:02:12:224
17	CAS JANSEN	Man	ZEVENAAR	00:20:46:985	00:20:53:500	--:--:--:--	00:20:39:028	01:02:19:513
18	SEM BOLCK	Man	WESTERVOORT	00:21:12:346	00:20:47:944	00:23:29:216	00:20:31:253	01:02:31:543
19	BOB TAKKEN	Man	BEMMEL	--:--:--:--	00:20:41:696	00:21:30:416	00:20:20:557	01:02:32:669
20	WIMJAN DE MOES	Man	ELST	00:21:27:021	00:21:27:159	--:--:--:--	00:21:15:117	01:04:09:297
21	DUCHAN SOMMERS	Man	PANNERDEN	00:23:12:747	00:22:16:079	00:21:56:903	00:20:42:533	01:04:55:515
22	TERRY JURRIUS	Man	AERDT	00:21:15:105	00:22:09:543	--:--:--:--	00:21:47:868	01:05:12:516
23	TEUN BERNDSEN	Man	WESTERVOORT	00:22:47:600	00:21:35:271	--:--:--:--	00:20:54:340	01:05:17:211
24	AUKE SMIT	Man	ARNHEM	00:21:39:371	00:22:13:199	--:--:--:--	00:21:43:981	01:05:36:551
25	STEN HENDRIKS	Man	DOORNENBURG	--:--:--:--	00:23:18:159	00:22:04:560	00:20:26:756	01:05:49:475
26	PETER SCHIPPER	Man	LOO	00:22:21:230	--:--:--:--	00:22:28:528	00:21:20:253	01:06:10:011
27	JOS KAMPS	Man	GRENOBLE	00:21:43:359	00:21:31:191	00:23:02:832	--:--:--:--	01:06:17:382
28	SANDER WEIJL	Man	TOLKAMER	00:21:54:918	--:--:--:--	00:23:25:792	00:21:59:244	01:07:19:954
29	PEIJN ROSS	Man	PANNERDEN	00:22:37:489	00:22:18:583	00:22:38:015	--:--:--:--	01:07:34:087
30	FREEK SCHOPMAN	Man	PANNERDEN	00:23:19:582	00:22:32:415	00:23:06:104	00:21:57:548	01:07:36:067
31	INDY ROELOFS	Man	PANNERDEN	--:--:--:--	00:22:42:847	00:23:08:808	00:21:45:757	01:07:37:412
32	RONALD VAN KEMPEN	Man	GENDT	00:23:05:400	00:22:34:271	--:--:--:--	00:22:24:740	01:08:04:411
33	CAS HOLKENBORG	Man	GROESSEN	00:22:52:000	00:23:00:008	00:24:15:304	00:22:13:301	01:08:05:309
34	HANS HETTERSCHIJT	Man	ZEVENAAR	00:22:58:500	--:--:--:--	00:23:17:048	00:21:50:540	01:08:06:088
35	ANDRE BERENDSEN	Man	PANNERDEN	00:22:47:500	00:22:27:055	00:22:53:975	--:--:--:--	01:08:08:530
36	JEANNE VAN ZUILEN	Vrouw	DOETINCHEM	00:22:31:653	--:--:--:--	00:23:31:927	00:22:09:109	01:08:12:689
37	STEFAN TINGEN	Man	HAALDEREN	00:22:13:174	00:22:00:199	00:24:00:696	--:--:--:--	01:08:14:069
38	MILAN KRIJGER	Man	PANNERDEN	--:--:--:--	00:23:21:951	00:23:13:152	00:21:42:140	01:08:17:243
39	PIERRE SCHREVEN	Man	PANNERDEN	00:22:52:304	00:22:29:263	00:22:59:904	--:--:--:--	01:08:21:471
40	DENNIS VAN DEN DAM	Man	GROESSEN	00:22:55:016	00:23:03:152	--:--:--:--	00:22:56:061	01:08:54:229
41	HEMMIE VAN DEELEN	Man	HERWEN	00:23:18:458	00:22:58:551	00:24:12:088	00:22:39:268	01:08:56:277
42	MIKE SCHREVEN	Man	ZEVENAAR	00:23:39:711	00:22:42:500	--:--:--:--	00:22:35:604	01:08:57:815
43	WOUTER KOOISTRA	Man	ULFT	00:23:08:205	00:23:14:071	--:--:--:--	00:22:48:252	01:09:10:528
44	ANNE BRAAM	Vrouw	DOORNENBURG	00:25:27:163	00:23:16:271	00:23:52:168	00:22:15:229	01:09:23:668
45	RAYMON VAN DINTER	Man	ARNHEM	00:22:44:820	--:--:--:--	00:24:09:839	00:22:42:067	01:09:36:726
46	MATTHIJS HEEZEN	Man	DINXPERLO	00:24:13:396	00:22:49:511	--:--:--:--	00:22:37:245	01:09:40:152
47	JAN HENDRIKS	Man	ZEVENAAR	00:23:22:091	00:23:36:815	--:--:--:--	00:22:51:251	01:09:50:157
48	PASCAL WENNEKES	Man	PANNERDEN	--:--:--:--	00:23:31:327	00:23:40:400	00:22:59:317	01:10:11:044
49	MARJOLEIN HEINSBROEK	Vrouw	ZEVENAAR	--:--:--:--	00:23:27:335	00:23:47:328	00:23:00:524	01:10:15:187
50	MAARTEN ROSS	Man	PANNERDEN	00:25:00:384	00:24:00:503	00:23:46:328	00:22:54:836	01:10:41:667
51	SAAR BERNDSEN	Vrouw	WESTERVOORT	00:24:02:271	00:23:24:639	--:--:--:--	00:23:19:493	01:10:46:403
52	MAARTEN HOUTRIET	Man	BENNEKOM	00:23:24:746	00:23:39:671	00:23:56:680	00:24:15:228	01:11:01:097
53	SARAH TATES	Vrouw	HAALDEREN	00:23:42:909	00:24:06:047	00:24:01:840	00:23:21:652	01:11:06:401
54	EWOUT KOEKOEK	Man	DUIVEN	00:23:45:230	00:23:35:384	00:23:57:791	--:--:--:--	01:11:18:405
55	LUC VAN KESSEL	Man	GEMERT	00:23:24:750	00:24:03:903	00:23:50:584	--:--:--:--	01:11:19:237
56	HUGO ARENTZ	Man	PANNERDEN	00:24:24:100	00:24:08:823	00:24:40:320	00:23:12:412	01:11:45:335
57	JENS GROB	Man	PANNERDEN	00:24:32:113	00:24:17:327	00:24:04:408	00:23:35:532	01:11:57:267
58	NADINE WILLEMS	Vrouw	PANNERDEN	00:24:42:527	00:23:53:519	--:--:--:--	00:23:27:316	01:12:03:362
59	SJOERD HOLKENBORG	Man	GROESSEN	00:24:17:865	00:24:15:471	--:--:--:--	00:23:31:947	01:12:05:283
60	BAS ROZEBOOM	Man	DOETINCHEM	00:22:47:550	00:25:52:567	--:--:--:--	00:23:51:420	01:12:31:537
61	ROCCO VAN DICK	Man	ZEVENAAR	00:24:35:043	00:24:52:500	00:24:44:688	00:24:06:644	01:13:26:375
62	FRANK KEURNTJES	Man	BRAAMT	--:--:--:--	00:24:30:446	00:24:54:904	00:24:11:676	01:13:37:026
63	ROBERT NIJLAND	Man	PANNERDEN	00:35:28:109	00:26:18:078	00:25:01:672	00:22:27:308	01:13:47:058
64	KOEN RUTGERS	Man	ARNHEM	00:25:39:470	00:25:20:223	--:--:--:--	00:23:03:293	01:14:02:986
65	RIK KRIJGER	Man	PANNERDEN	00:24:57:277	00:24:49:679	00:27:07:944	00:24:36:235	01:14:23:191
66	RALPH MEIJER	Man	GROESSEN	00:24:38:816	--:--:--:--	00:25:28:592	00:24:39:364	01:14:46:772
67	HIDDE ESSERS	Man	ZEVENAAR	00:24:44:730	00:24:57:191	--:--:--:--	00:25:06:020	01:14:47:941
68	JAN-WILLEM VINKE	Man	ZEVENAAR	--:--:--:--	00:25:08:500	00:25:25:624	00:24:24:203	01:14:58:327
69	STIJN GROB	Man	PANNERDEN	00:26:29:740	--:--:--:--	00:24:27:624	00:24:03:004	01:15:00:368

70	JADE MAASSEN	Vrouw	ZEVENAAR	00:24:32:500	00:24:26:159	00:26:07:168	--:--:--:--	01:15:05:827	
71	LUCIEN VAN RISWIJK	Man	AERDT	00:25:30:209	00:25:03:231	--:--:--:--	00:24:41:876	01:15:15:316	
72	CLARINDA SMIT	Vrouw	DUIVEN	00:26:30:060	00:25:40:568	00:26:19:256	--:--:--:--	00:25:09:204	01:17:09:028
73	MARC VAN ALST	Man	ARNHEM	00:25:00:390	00:25:08:511	00:27:20:511	--:--:--:--	01:17:29:412	
74	TJITTE KOOY	Man	DUIVEN	00:26:51:365	00:26:22:575	--:--:--:--	00:25:18:332	01:18:32:272	
75	RICK VAN HAFTEN	Man	ZEVENAAR	00:25:55:758	00:25:58:500	00:26:49:776	--:--:--:--	01:18:44:034	
76	ROLAND VAN ELDIK	Man	GENDT	00:26:29:739	00:26:25:431	00:27:29:335	00:26:09:364	01:19:04:534	
77	GERBEN VAN DE LOOI	Man	GROESSEN	00:26:52:717	00:26:05:263	--:--:--:--	00:26:12:388	01:19:10:368	
78	JELTE JOOSTEN	Man	PANNERDEN	--:--:--:--	00:24:47:359	00:29:40:119	00:24:45:107	01:19:12:585	
79	BABET MEURS	Vrouw	PANNERDEN	00:26:47:772	00:26:47:855	--:--:--:--	00:26:15:035	01:19:50:662	
80	NIEK NIEBUUR	Man	ARNHEM	00:26:23:526	00:26:12:431	00:28:01:136	--:--:--:--	01:20:37:093	
81	ERIK ELBERS	Man	GENDT	00:29:20:500	00:24:27:847	00:27:17:352	--:--:--:--	01:21:05:699	
82	RICHARD WITTE	Man	DUIVEN	--:--:--:--	00:27:31:631	00:27:27:976	00:26:33:700	01:21:33:307	
83	LUUK WEZENDONK	Man	PANNERDEN	00:27:15:867	00:27:24:479	00:28:25:767	00:27:04:068	01:21:44:414	
84	NOL JANSSEN	Man	GENDT	00:27:24:430	00:27:07:591	--:--:--:--	00:27:26:548	01:21:58:569	
85	EMMA HAAK	Vrouw	GROESSEN	00:27:30:594	00:26:10:591	--:--:--:--	00:28:17:627	01:21:58:812	
86	ANDRE HEINST	Man	SPIJK	00:27:06:302	00:28:52:223	--:--:--:--	00:27:21:524	01:23:20:049	
87	MONIQUE PEPERKAMP	Vrouw	PANNERDEN	00:30:57:952	00:22:24:647	00:31:11:840	00:30:07:084	01:23:29:683	
88	RENE BOXEM	Man	DOETINCHEM	00:28:22:966	00:27:28:375	--:--:--:--	00:27:50:092	01:23:41:433	
89	KIRA THEUNISSE	Vrouw	PANNERDEN	00:28:37:029	00:26:58:255	00:28:11:416	--:--:--:--	01:23:46:700	
90	HARRIE SCHENNINK	Man	WEHL	00:28:28:396	00:28:34:287	--:--:--:--	00:26:47:469	01:23:50:152	
91	MINKE SCHEFFER	Vrouw	PANNERDEN	00:28:47:316	00:27:52:887	00:29:28:351	00:27:43:364	01:24:23:567	
92	GEERT WITJES	Man	PANNERDEN	--:--:--:--	00:28:10:071	00:29:09:840	00:27:32:028	01:24:51:939	
93	AMY TINGEN	Vrouw	HAALDEREN	--:--:--:--	00:29:33:879	00:30:01:416	00:26:01:276	01:25:36:571	
94	TIM HENDRIKS	Man	ARNHEM	00:29:35:633	00:28:31:167	00:28:21:735	--:--:--:--	01:26:28:535	
95	GEERT MULDER	Man	PANNERDEN	00:29:53:102	00:28:49:062	00:29:33:904	00:28:09:868	01:26:32:834	
96	ULRICH MUENCH	Man	EMMERICH	00:29:17:086	00:29:22:767	--:--:--:--	00:28:39:323	01:27:19:176	
97	WOUT ELEMANS	Man	ZEVENAAR	00:30:00:908	00:28:11:375	00:29:25:688	00:30:12:268	01:27:37:971	
98	STERRE SIJMONS	Vrouw	BEMMEL	00:29:54:242	00:28:28:079	00:29:30:336	--:--:--:--	01:27:52:657	
99	PIM KETTELARIJ	Man	ZEVENAAR	00:29:08:282	--:--:--:--	00:30:51:840	00:28:05:476	01:28:05:598	
100	SARA HOLKENBORG	Vrouw	GROESSEN	00:29:42:371	00:29:48:534	00:30:48:264	00:29:11:659	01:28:42:564	
101	STEPHAN ROELOFS	Man	HERWEN	00:30:03:517	00:29:01:607	00:29:37:768	--:--:--:--	01:28:42:892	
102	HANNEKE BISPERINK	Vrouw	ARNHEM	00:30:06:260	00:28:47:639	00:29:57:320	--:--:--:--	01:28:51:219	
103	EVA HOLKENBORG	Vrouw	GROESSEN	00:29:11:611	00:32:06:151	00:30:44:087	00:29:31:084	01:29:26:782	
104	JOHN MEIJER	Man	DUIVEN	00:30:52:225	00:28:53:056	--:--:--:--	00:29:51:915	01:29:37:196	
105	THIJS BRANDERHORST	Man	PANNERDEN	00:30:59:139	00:29:01:500	00:30:28:656	--:--:--:--	01:30:29:295	
106	RICHARD WIJTEN	Man	ZEVENAAR	00:32:15:733	--:--:--:--	00:30:03:984	00:28:13:395	01:30:33:112	
107	JAN VAN HUET	Man	PANNERDEN	00:31:21:816	--:--:--:--	00:30:33:280	00:28:43:580	01:30:38:676	
108	JHON RIOS	Man	ZEVENAAR	00:29:40:556	00:29:42:751	00:31:27:991	--:--:--:--	01:30:51:298	
109	MARCEL AARNTZEN	Man	PANNERDEN	--:--:--:--	00:31:24:063	00:30:40:800	00:28:50:867	01:30:55:730	
110	STEEF HERMSEN	Man	AERDT	00:30:23:261	00:30:39:839	00:30:25:216	00:30:09:764	01:30:58:241	
111	DOMINIQUE AARNTZEN-PFEIL	Vrouw	PANNERDEN	00:30:33:500	00:29:44:743	00:30:55:689	--:--:--:--	01:31:13:932	
112	JORRIT WESSELKAMP	Man	PANNERDEN	--:--:--:--	00:30:10:679	00:31:08:128	00:30:02:748	01:31:21:555	
113	SABINE TATES	Vrouw	HAALDEREN	00:31:21:820	00:30:02:343	00:30:58:672	00:30:29:099	01:31:30:114	
114	HELEEN BLOEMBERG	Vrouw	PANNERDEN	00:30:28:613	00:30:36:991	00:31:18:648	--:--:--:--	01:32:24:252	
115	ROOS GROTENHUIS	Vrouw	DUIVEN	00:30:54:413	00:31:37:039	--:--:--:--	00:31:13:955	01:33:45:407	
116	MENNO GOEDHART	Man	WESTERVOORT	--:--:--:--	00:30:00:031	00:33:17:263	00:31:11:644	01:34:28:938	
117	NENA KEMPER	Vrouw	PANNERDEN	00:33:31:505	00:31:54:039	00:31:49:656	00:31:18:587	01:35:02:282	
118	CLAUDIA AALBERS	Vrouw	ZEVENAAR	00:32:01:592	00:31:41:255	00:31:23:640	--:--:--:--	01:35:06:487	
119	ANITA ROELOFS	Vrouw	ARNHEM	00:31:54:567	00:31:46:559	00:32:32:328	00:31:37:011	01:35:18:137	
120	JET AARNTZEN	Vrouw	UTRECHT	--:--:--:--	00:32:33:583	00:32:15:424	00:30:54:796	01:35:43:803	
121	MELISSA VAN DEELEN	Vrouw	UTRECHT	--:--:--:--	00:32:35:911	00:32:18:104	00:30:53:435	01:35:47:450	
122	FAYLICE CORNELISSEN	Vrouw	PANNERDEN	00:34:34:490	00:32:51:727	--:--:--:--	00:31:06:364	01:38:32:581	
123	WIM THUSS	Man	LOO	00:33:20:076	00:33:10:175	00:38:38:415	00:33:08:547	01:39:38:798	
124	KEES RUTGERS	Man	ARNHEM	00:34:53:366	00:34:27:063	--:--:--:--	00:32:57:124	01:42:17:553	
125	BART VAN BEUSEKOM	Man	LENT	00:34:56:079	00:35:13:430	--:--:--:--	00:34:53:147	01:45:02:656	
126	JOSE JANSSEN	Vrouw	ZEVENAAR	00:39:18:397	00:35:49:039	00:35:58:983	00:33:22:667	01:45:10:689	
127	JANTTIEN SOMSEN	Vrouw	TOLKAMER	00:36:25:242	00:34:39:983	--:--:--:--	00:34:45:675	01:45:50:900	
128	DAAN SOMMERS	Man	HERWEN	00:36:38:409	00:36:15:591	--:--:--:--	00:35:32:891	01:48:26:891	
129	DEO PEELEN	Man	LOO	00:35:23:910	--:--:--:--	00:38:56:487	00:36:07:723	01:50:28:120	
130	SJAN VAN BEUSEKOM	Vrouw	ZEVENAAR	00:37:59:874	00:37:51:319	--:--:--:--	00:37:15:258	01:53:06:451	
131	EMMA VEENSTRA	Vrouw	ZEVENAAR	00:39:20:844	00:39:59:551	--:--:--:--	00:40:54:875	02:00:15:270	